

Month	Wellness Topics	GLOBALG.A.P. Topics	SIZA Topics
23-25 January	Donating blood – how is it useful to society and myself	What is GlobalG.A.P and why is it important?	What is SIZA and why was it developed? What does it mean to be ethical?
20-22 February	The importance of Hygiene at home , work and how it affects your health	A step by step guide for record keeping for fertilizer and pesticide application in the workplace	Violation of temporary workers in the picking and packing season
20,22-23 March	Malaria Prevention methods for the farm worker	Good Practices to diminish hygiene risks	Understanding of SA Labour Regulations for farming businesses
17-19 April	Why is it important to adhere to your HIV meds and how to ensure adherence cycle is kept up to date	Worker Health – ensuring safe practices in the workplace	Grievance Procedures and how they work
22-24 May	Abortion	The importance of a healthy safety induction for seasonal workers - How can I as the Peer educator assist	Getting to know the SA Regulations of working conditions of young people and how to inhibit child labour
19-21 June	How to identify snakes on Onderberg Farms and how to respond in an emergency situation	The importance of bees in fruit and vegetables production	SA Rules and Regulations about working hours
17-19 July	Healthy lifestyle – Looking at healthy nutrition for the active farm worker	Risk Assessments – Identifying risk in the workplace	Freedom of Association – Understanding what it means and knowing how to run a Works skills/Council Meetings
21-23 August	Adolescents – Raising an HIV free generation	Food Safety – Why is it important for the farm as well as workers	Wages, Benefits and Terms of Employment – Deductions and what they are for? What does SARS use the taxes for?
18-20 Sept	Pesticide Exposure – the long-term side effect on the farm worker	Food Mitigation – Importance of the farm and workers applying and sticking to standard	Forced, bonded Labour - Terms and conditions of employment – for me as the employee
16-18 October	Patient Rights	Role and responsibilities of the welfare office/first aid officer and safety officer in the workplace	Workplace Equity – Employment Equity. What is Equity and what is the purpose of the act?
13-15 Nov	Childhood diseases that affect adults	Pre- Planned Global GAP Audit (Aspects that pertains to the workers)	Health and Safety
4-6 Dec	Revision	Case Study of an operating GlobalGAP Farm	Pre-Planned Siza Audit